

DIRECTIONS TO RAFT

BY TRAIN FROM CENTRAL LONDON

45 minutes by Metropolitan Line from Baker Street. Use only the train marked "Watford" and alight at Northwood, not Northwood Hills, which is the preceding station. Taxis can be hired from outside the station for the 10 minute journey to RAFT. As you exit the station, turn right and the taxi office is about 30 yards down the hill. At peak times it might be advisable to check taxi availability in advance.

Ace Cars - 01923 829111

Northwood Cars - 01923 824101

BY CAR FROM CENTRAL LONDON, HEADING WEST

A40 (towards Oxford), turn right onto A4180 (Polish War Memorial) to Ruislip. Past Ruislip Gardens tube station and at next mini roundabout take right fork. Go straight over traffic lights, travel to the end of Ruislip High Street. At mini roundabout turn left into Bury Street (later becomes Ducks Hill Road). Continue for approx 2 miles. At T-junction (traffic lights) turn left. **Drive past the Gate 1 entrance to Mount Vernon Hospital as there are current building works which prevent you reaching RAFT from this entrance).** At The Green Man turn left - signed to the Hospital and Harefield. After approx half mile turn left into hospital (gate 3). Take first turning on left, signed to Bishopswood hospital, and RAFT is the 'Swiss Chalet' immediately on your right.

BY CAR FROM THE WEST

Take the M40/A40 towards London and exit at the A4180 (Polish War Memorial) towards Ruislip then follow the instructions for travelling from Central London (above).

BY CAR FROM THE EAST (M1, M11, A1, A12)

Take the M25 anti-clockwise towards Heathrow and exit at junction 18. Take the A404 signed Rickmansworth and then signed Northwood. On the approach to Northwood, at the top of a long, steep hill, turn right into White Hill, opposite The Green Man, signed to the hospital and Harefield. After approx half a mile turn left into the hospital through gate 3. Take the first turning on the left, signed to Bishopswood hospital. RAFT is the 'Swiss Chalet' immediately on your right.